



PRICE LIST



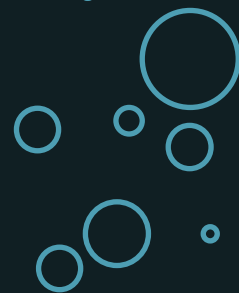
STAY & SURF



		Low Season November to March	Mid Season April, May, June, and October	High Season July, August, and September
DORM				
7 nights		400€	470€	505€
DOUBLE ROOM shared bathroom				
7 nights	2 persons	400€	470€	505€
	1 person	540€	624€	680€
DOUBLE ROOM private bathroom				
7 nights	3 persons	423€	496€	540€
	2 persons	470€	554€	610€
	1 person	680€	799€	890€

What's Included ?

- Stay in a dorm room with shared bathroom (max. 6 beds per room), double room with shared bathroom or double room with private bathroom;
- 5 days of surf lessons for beginners or surf guiding for intermediates (2 hrs a day);
- Classes in several languages: English, German, Dutch, Portuguese or Spanish;
- Material: surf board and wetsuit (7 days of free use);
- Transport from the lodge to other beaches;
- Video analysis and feedback to improve your surfing skills (only for a 7 days package);
- Theory lesson about swell, waves, safety, etiquette, surfing rules and environmental education (only for a 7 days package);
- Video demonstration with learning techniques/surfing maneuvers (only for a 7 days package);
- Extra gear (yoga mats, kettle bells, indoboard, slackline, pilates ball and skateboard longboard) available to complement your surf skills;
- Insurance for personal accidents (during surf practice).



STAY & SURF & YOGA



		Low Season November to March	Mid Season April, May, June, and October	High Season July, August, and September
DORM				
7 nights		450€	520€	555€
DOUBLE ROOM shared bathroom				
7 nights	2 persons	450€	520€	555€
	1 person	590€	674€	730€
DOUBLE ROOM private bathroom				
7 nights	3 persons	473€	546€	590€
	2 persons	520€	604€	660€
	1 person	730€	849€	940€

What's Included ?

- Stay in a dorm room with shared bathroom (max. 6 beds per room), double room with shared bathroom or double room with private bathroom;
- 5 days of surf lessons for beginners or surf guiding for intermediates (2 hrs a day);
- 5 yoga classes (1 hr a day) complementing your surf performance and recovery;
- Surf classes in several languages: English, German, Dutch, Portuguese or Spanish;
- Material: surf board and wetsuit (7 days of free use);
- Transport from the lodge to other beaches;
- Video analysis and feedback to improve your surfing skills (only for a 7 days package);
- Theory lesson about swell, waves, safety, etiquette, surfing rules and environmental education (only for a 7 days package);
- Video demonstration with learning techniques/surfing maneuvers (only for a 7 days package);
- Extra gear (yoga mats, kettle bells, indoboard, slackline, pilates ball and skateboard longboard) available to complement your surf and yoga skills;
- Insurance for personal accidents (during surf practice).



SURF & YOGA



SURF & YOGA

5 Surf classes

5 Yoga classes

Low Season
November to March

275€

Mid Season
April, May, June, and
October

324€

High Season
July, August, and
September

345€

What's Included ?

- 5 days of surf lessons for beginners (2 hrs a day) or surf guiding for intermediates (2 hrs a day);
- 5 yoga classes (1 hr a day) complementing your surf performance and recovery;
- Surf classes in several languages: English, German, Dutch, Portuguese or Spanish;
- Transport from the lodge to other beaches;
- Video analysis and feedback to improve your surfing skills (only for a 7 days package);
- Theory lesson about swell, waves, safety, etiquette, surfing rules and environmental education (only for a 7 days package);
- Video demonstration with learning techniques/surfing maneuvers (only for a 7 days package);
- Extra gear (yoga mats, kettle bells, indoboard, slackline, pilates ball and skateboard longboard) available to complement your surf and yoga skills;
- Insurance for personal accidents (during surf practice).



STAY ONLY & COSTUMIZE YOUR PACKAGE



	Low Season November to March	Mid Season April, May, June, and October	High Season July, August, and September
DORM			
1 person	25€	27€	30€
DOUBLE ROOM shared bathroom			
1 or 2 persons	50€	55€	60€
DOUBLE ROOM shared bathroom			
1 or 2 persons	70€	80€	90€
3 persons	85€	95€	105€
			Prices
Surf class/guiding around the area (material and transport included)			40€ / 1 session
Surfguiding around the area (material and transport included)			75€ / 2 sessions
Surfguiding to Peniche (material and transport included - march, april, october and november)			80€ / day
Day trip to Nazaré (march, october and november)			70€ / day
Video analysis and feedback			50€ / 1h30
Theory lesson (about swell, waves, safety, etiquette, surfing etc.)			20€ / 1h



STAY ONLY



	Low Season November to March	Mid Season April, May, June, and October	High Season July, August, and September
DORM 1 person	25€	27€	30€
DOUBLE ROOM shared bathroom 1 or 2 persons	50€	55€	60€
DOUBLE ROOM shared bathroom 1 or 2 persons	70€	80€	90€



CLASSES & RENTALS



Surf Classes (2h)

- 1 class
- 3 classes
- 5 classes
- 10 classes
- Private class
- Private class (2 persons)

Preços

- 30€
- 80€
- 125€
- 200€
- 50€
- 90€

Board Rentals

- 1h
- ½ day
- 1 day
- 7 days

- 10€
- 15€
- 25€
- 170€

Wetsuit Rentals

- 1h
- ½ day
- 1 day
- 7 days

- 7,5€
- 10€
- 20€
- 135€

Yoga class (1h30)

- 1h30

- 15€

Note: all prices are per person and in euros (€), VAT included.